

1. **The Foley Community Center Project**
(<https://burkecwow.wordpress.com/>)
(aka Burke/West Springfield Senior Center Without Walls)
Winter/Spring 2024 Classes



FAIRFAX COUNTY DEPARTMENT OF
NEIGHBORHOOD AND COMMUNITY SERVICES

BURKE/SPRINGFIELD SENIOR CENTER WITHOUT WALLS

SPRING 2024 SESSION

Saturday, March 30 - Saturday, June 15

Registration Dates:

Tuesday, March 19 - Pohick Regional Library (6450 Sydenstricker Rd, Burke, VA 22015)
Wednesday, March 20 - Pinn Community Center (10225 Zion Dr, Fairfax, VA 22032)
Thursday, March 21 - Mott Community Center (12111 Braddock Rd, Fairfax, VA 22030)
Friday, March 22 - Early Drop-off and Mail-in Registration Processing Date

*All registrations submitted after the dates above must be submitted to Mott Community Center (12111 Braddock Road, Fairfax, VA 22030) **by Friday, April 5.***
Late registrations will not be accepted.

Registrations will be available for pickup on Monday, February 26.



Fairfax County is committed to nondiscrimination in all county programs, services, and activities. To request reasonable accommodations or to receive this information in an alternate format, call 703-324-4600, TTY 711.

A Fairfax County, VA Publication www.fairfaxcounty.gov/neighborhood-community-services January 2024



Burke/Springfield Senior Center Without Walls (SCWOW) 2024 Spring Session: March 30, 2024 – June 15, 2024



Participant Name: _____ (FIRST) _____ (LAST) _____ (SUFFIX)

Address: _____ (STREET) _____ (CITY) _____ (STATE) _____ (ZIP)

Phone: _____ Email: _____

Classes that have a next to them mean that you can only sign-up for one class time; multiple class registrations for these are not permitted.

CLASS	Limit	DAY	TIME	LOCATION	COST	
					Resident	Non-Resident
<input type="checkbox"/> Argentine Tango w/ Adam	30	Friday	5:30 p.m. – 7:00 p.m.	Mott Community Center	\$10	\$20
<input type="checkbox"/> Ballroom Dancing w/ Adam	30	Tuesday	2:20 p.m. – 3:50 p.m.	Little River Glen Senior Center	\$10	\$20
<input type="checkbox"/> Chair One Fitness w/ Cecilia	30	Friday	3:30 p.m. – 4:30 p.m.	Mott Community Center	\$5	\$10
<input type="checkbox"/> Dance Fitness Fusion w/ Debbie	20	Monday	10:00 a.m. – 11:00 a.m.	University Mall Community Room	\$5	\$10
<input type="checkbox"/> Hula w/ Carol	20	Friday	12:30 p.m. – 2:00 p.m.	West Springfield Community Room	\$10	\$20
<input type="checkbox"/> Line Dance (All Levels) w/ Susie	50	Monday	12:45 p.m. – 1:45 p.m.	Mott Community Center	\$5	\$10
<input type="checkbox"/> Line Dance (All Levels) w/ Susie	50	Monday	2:00 p.m. – 3:00 p.m.	Mott Community Center	\$5	\$10
<input type="checkbox"/> Line Dance (All Levels) w/ Susie	50	Thursday	9:30 a.m. – 10:30 a.m.	Mott Community Center	\$5	\$10
<input type="checkbox"/> Line Dance (All Levels) w/ Susie	50	Thursday	10:45 a.m. – 11:45 a.m.	Mott Community Center	\$5	\$10
<input type="checkbox"/> Line Dance (Advanced) w/ Susie	50	Thursday	12:00 p.m. – 1:00 p.m.	Mott Community Center	\$5	\$10
<input type="checkbox"/> Line Dance (All Levels) w/ Cathy	30	Thursday	10:00 a.m. – 11:00 a.m.	Pohick Regional Library	FREE	FREE
<input type="checkbox"/> Line Dance (All Levels) w/ Cathy	30	Thursday	11:15 a.m. – 12:15 p.m.	Pohick Regional Library	FREE	FREE
<input type="checkbox"/> Line Dance (All Levels) w/ Cathy	50	Saturday	10:00 a.m. – 11:00 a.m.	Washington Irving Middle School	\$5	\$10
<input type="checkbox"/> Line Dance (All Levels) w/ Cathy	50	Saturday	11:15 a.m. – 12:15 p.m.	Washington Irving Middle School	\$5	\$10
<input type="checkbox"/> Line Dance (All Levels) w/ Marilu	50	Saturday	12:30 p.m. – 1:30 p.m.	Washington Irving Middle School	\$5	\$10
<input type="checkbox"/> Line Dance (All Levels) w/ Marilu	50	Saturday	1:45 p.m. – 2:45 p.m.	Washington Irving Middle School	\$5	\$10
<input type="checkbox"/> Line Dance (Beg/Inter) w/ Cheong	30	Thursday	12:45 p.m. – 1:45 p.m.	Pohick Regional Library	FREE	FREE
<input type="checkbox"/> Line Dance (Beg/Inter) w/ Cheong	30	Thursday	2:00 p.m. – 3:00 p.m.	Pohick Regional Library	FREE	FREE
<input type="checkbox"/> Line Dance (Beg/Inter) w/ Cheong	20	Wednesday	10:00 a.m. – 11:00 a.m.	David R. Pinn Community Center	\$5	\$10
<input type="checkbox"/> Line Dance (Beg/Inter) w/ Cheong	20	Wednesday	11:15 a.m. – 12:15 p.m.	David R. Pinn Community Center	\$5	\$10
<input type="checkbox"/> Mindful Movement Meditation w/ Debbie	20	Thursday	10:30 a.m. – 11:30 a.m.	University Mall Community Room	\$5	\$10
<input type="checkbox"/> Pilates w/ Debbie	20	Wednesday	10:30 a.m. – 11:30 a.m.	University Mall Community Room	\$5	\$10
<input type="checkbox"/> Pilates w/ Debbie	20	Friday	10:30 a.m. – 11:30 a.m.	University Mall Community Room	\$5	\$10
<input type="checkbox"/> Pure Stretch w/ Debbie	20	Friday	12:30 p.m. – 1:30 p.m.	University Mall Community Room	\$5	\$10
<input type="checkbox"/> Tai Chi ("Yang Jun") w/ Debbie	20	Tuesday	2:45 p.m. – 3:45 p.m.	University Mall Community Room	\$5	\$10
<input type="checkbox"/> Tai Chi ("Yang Jun") w/ Debbie	20	Thursday	2:45 p.m. – 3:45 p.m.	University Mall Community Room	\$5	\$10
<input type="checkbox"/> Ukulele w/ Carol	20	Friday	10:00 a.m. – 11:30 a.m.	West Springfield Community Room	\$10	\$20
<input type="checkbox"/> Yoga w/ Debbie	20	Tuesday	1:30 p.m. – 2:30 p.m.	University Mall Community Room	\$5	\$10
<input type="checkbox"/> Yoga w/ Debbie	20	Thursday	1:30 p.m. – 2:30 p.m.	University Mall Community Room	\$5	\$10
<input type="checkbox"/> Yoga (Chair) w/ Debbie	20	Monday	11:00 a.m. – 12:00 p.m.	University Mall Community Room	\$5	\$10
<input type="checkbox"/> Yoga (Chair) w/ Debbie	20	Friday	11:30 a.m. – 12:30 p.m.	University Mall Community Room	\$5	\$10
<input type="checkbox"/> ZUMBA w/ Gail	50	Tuesday	12:00 p.m. – 1:00 p.m.	Mott Community Center	\$5	\$10
<input type="checkbox"/> ZUMBA w/ Gail	50	Wednesday	12:15 p.m. – 1:15 p.m.	Mott Community Center	\$5	\$10
<input type="checkbox"/> ZUMBA Gold w/ Gail	50	Wednesday	11:00 a.m. – 12:00 p.m.	Mott Community Center	\$5	\$10
<input type="checkbox"/> ZUMBA Gold w/ Gail	50	Thursday	1:15 p.m. – 2:15 p.m.	Mott Community Center	\$5	\$10
<input type="checkbox"/> ZUMBA Toning w/ Millette	50	Tuesday	1:15 p.m. – 2:15 p.m.	Mott Community Center	\$5	\$10
TOTAL						

Participant Signature: _____ Date: _____

FOR OFFICE USE ONLY

PAYMENT RECORD

PAYMENT TYPE: CASH CHECK # _____ MO# _____ AMOUNT: \$ _____ REC: _____ DATE: _____

Please contact **Mott Community Center (703-278-8605, TTY 711)** with inquiries or for more information.
Registrations will not be accepted after **April 5, 2024**; One-time class attendance is not permitted.

2. March 5, 2024 State of the Foley Community Center Project
(aka Burke/West Springfield Senior Center Without Walls):

<https://burkecwow.files.wordpress.com/2024/03/240305cwow-state-of-the-program-march-2024.pdf>

3/5/2024 Meeting Notes:

1. Foley reminded participants that as we prepare for the Lease DressBarn, we must not forget the churches that stepped up to provide free facilities. If the churches did not assist us, then the naysayers would have won – the ones who kept telling me that “Cora this will never happen – your project for a center without walls (the Foley Community Center Project) will never happen. And with the help of the churches and the Burke Conservancy, the Foley Community Center Project (aka Burke/West Springfield Senior Center Without Walls) succeeded since 2007 when Corazon and Michael Foley founded the project.

2. Foley noted that the Virginia Commonwealth on Aging awarded the Foley Community Center Project with the Best Practices Award Honorable Mention in 2016 with our Senior Performances of Folk Dancing at various senior centers. Foley is planning to reinvigorate this program – and many thanks to Aleczander Pavlakis for agreeing to facilitate the program like Ned did for many years.

3. Foley noted that there are several social/intellectual programs that used to be celebrated by the Foley Community Center – 90+ Birthdays, Black History Month Celebrations, Local History Conversations along with games that help address the social isolation problems. Again, Alecs said that he would be happy to reinvigorate such programs. Foley noted that such reinvigoration would occur once our Leased DressBarn center opens – and she repeated the need to open it ASAP to stop cancellations of senior programs. Foley is also pursuing the petition to name the Leased DressBarn in honor of American Patriotism of the co-founder:

Vietnam Veteran and Son of the American Revolution
Michael Daniel Foley Community Center

3. Reinvigorating the Senior Performing Folk Dance Program of The Foley Community Center Project:

During the 2023 Burke Center Festival, Maria talked to me about reinvigorating the Faolk Dancing in the Foley Community Center Project (aka Burke/West Springfield Senior Center Without Walls), particularly Filipino Folk Dancing as show in the youtube video: [161117FilipinoFolkDancingPabloFlorCelebrado](#)



Search



161117FilipinoFolkDancingPabloFlorCelebrado



Cora Sandoval Foley
41 subscribers

Subscribe



2



Share

129 views Jan 28, 2024

On November 17, 2016, Pablo and Flor Celebrado performing Filipino Folk Dancing at Herndon, VA.

It should be a lot of fun – we performed at the Fairfax County Government Center in front of 400 people during the Naturalization Ceremony and they really applauded us wholeheartedly. We also performed several times in front of the Fairfax County Board of Supervisors when we petitioned for the permanent facility for the Foley Community Center (aka Burke/West Springfield Senior Center Without Walls):


[160407BoSFolkDanceFXBoardofSupervisors](#)



Search




160407BoSFolkDanceFXBoardofSupervisors

 CoraSandovalFoley
41 subscribers

Subscribe

 Like



 Share

 Save



148 views 7 years ago

On Thursday, April 7, 2016, the Burke/West Springfield Senior Center Without Walls (BWSSCWoW) Seniors Giving Back to Community: International Folk Dance Team presented "Mayim Mayim" at the Board of Supervisors' Public Hearing on the Budget to bolster Chairman Bulova's support for BWSSCWoW petition for addition to Pohick Regional Library for se ...more

4. Testifying at the April 2024 Budget Public Hearing of the Fairfax County Board of Supervisors.

Corazon Sandoval Foley will testify (AGAIN) at the BoS Budget Public Hearing to request the Board of Supervisors to STOP the constant cancellations of programs for seniors and to open ASAP the leased DressBarn that was approved on April 27, 2022 – the day that center co-founder Michael Daniel Foley was buried – based on email to Foley from NCS Lloyd Tucker.

Foley will also ask the Board of Supervisors to implement the agreement for which the Springfield Supervisor reneged TWICE – delaying the County pledge of 2020 bond referendum for a permanent facility for the Foley Community Center Project to 2024 and then to 2026.

As of 10/11/2022, Foley succeeded with her petition for approval of \$250,000 for renovation of the Leased DressBarn for which Foley petitioned and succeeded in getting approval from the BoS. But NCS has delayed opening until December 2024 or later even though Lloyd Tucker told Foley and Chairman's Staff that it will be operational by Winter/Spring 2024 (AFTER the 2023 elections, as was probably required by Springfield Supervisor who was never helpful). Many Thanks go to Sharon Bulova for support of seniors when she was Chairman and Second Springfield Supervisor.

<https://fcaahp.files.wordpress.com/2023/10/231030foleycommunitycenterprojectreferendum.jpg>

and

<https://www.fairfaxcounty.gov/budget/sites/budget/files/Assets/documents/fy2022/carryover/FY-2022-Carryover-package.pdf>

and

<https://www.fairfaxcounty.gov/neighborhood-community-services/sites/neighborhood-community-services/files/Assets/Documents/Senior%20Centers/BSCAA%20Virtual%20Information%20Session%2010.25.23.pdf>

and

[Plans Shared for Temporary Senior Center](#)



"This is a provisional site for programming and plans are moving forward for a full community center in the Burke Springfield area."

Burke - Springfield Center for Active Adults
Project Overview

Location:

7541 Huntsman Blvd, Springfield, VA 22151

Scope:

- ◆ Interior tenant reconfiguration and renovation
- ◆ Approximately 8,250 net square feet
- ◆ Incorporate sustainable strategies

Features:

- ◆ Multipurpose Rooms for recreational programming and community activities
- ◆ Accessible design for all ages
- ◆ Offices and restrooms

Preliminary Project Schedule



Burke/West Springfield Senior Center Without Walls

CLASSES INCLUDE:

- LINE DANCING
- TAI CHI
- YOGA
- ZUMBA
- HAWAIIAN HULA
- SELF-DEFENSE
- BALLROOM DANCE
- WALKING CLUB
- BOOK/HISTORY/ GENEALOGY CLUB
- FUN TRIPS

Honor American Patriotism – Name the “Vietnam Veteran and Son of the American Revolution Michael Daniel Foley Community Center”!!!
<https://fcaahp.wordpress.com/bwsscwow/>

1/1/2024 Pat Reneges Again on Foley Community Center that County promised for Winter/Spring 2024 – but then delayed to December 2024 after Herrity tried to take credit for center co-founded in 2007 by Vietnam Veteran Michael Daniel and Corazon Sandoval Foley. Sharon Bulova agreed to 2020 bond referendum for a Community Center requested by the Foleys but Pat reneged TWICE, delaying to 2024 and then 2026. Disclosure: Corazon Sandoval Foley was Independent Green Party Candidate for Springfield Supervisor 2023 and asked Pat to stop reneging on Foley Community Center Project at campaign debates.
<http://www.connectionnewspapers.com/news/2023/oct/25/candidates-debate-in-springfield-district-supervisor-race/>

On 10/20/2023, Pat FINALLY joined planning for Foley Community Project (aka Burke/West Springfield Senior Center Without Walls) after years of leaving Sharon Bulova to lead with the 2020 bond referendum agreement – that Pat then reneged/delayed to 2024/then 2026. Please note the leased DressBarn is temporary and the real project is the bond referendum for \$25 million for the Springfield COMMUNITY Center like Lorton Community Center! – Founders Corazon and Michael Foley <https://fcaahp.wordpress.com/about/>

Plans Shared for Temporary Senior Center

Springfield District last to receive senior service space.

By SIMS LAUNE
THE CONNECTION

Springfield District residents are finally seeing action on an active adult community center within their district, the only district not without a dedicated building for active adults. The current work is for a temporary location. A permanent center is likely still close to ten years away, and dependent on possible funding received through a bond referendum in 2026.

For the temporary location, the Board of Supervisors approved a five-year lease, with multiple one-year options, within the Huntsman Square Shopping Center, a site not far from the South Run Recreation Center.

Fairfax County's Department of Neighborhood and Community Services has conducted a series



Huntsman Square Shopping Mall leased space, home to future temporary senior center, after remodeling former retail store space, new dark windows.

October 2024. The temporary location could continue under the lease agreement for up to ten years, awaiting a permanent center.

For more information on the project and its status, see <http://bit.ly/38GCA>.

On 10/20/2023, Pat FINALLY joined planning for Foley Community Project (aka Burke/West Springfield Senior Center Without Walls) after years of leaving Sharon Bulova to lead with the 2020 bond referendum agreement – that Pat then reneged/delayed to 2024/then 2026. Please note the leased DressBarn is temporary and the real project is the bond referendum for \$25 million for the Springfield COMMUNITY Center like Lorton Community Center! – Founders Corazon and Michael Foley <https://fcaahp.wordpress.com/about/>

Burke/West Springfield Senior Center Without Walls

CLASSES INCLUDE:

- LINE DANCING
- TAI CHI
- YOGA
- ZUMBA
- HAWAIIAN HULA
- SELF-DEFENSE
- BALLROOM DANCE
- WALKING CLUB
- BOOK/HISTORY/ GENEALOGY CLUB
- FUN TRIPS

Honor American Patriotism – Name the “Vietnam Veteran and Son of the American Revolution Michael Daniel Foley Community Center”!!!
<https://fcaahp.wordpress.com/bwsscwow/>

Widow Foley Running 2023
Corazon Sandoval Foley

VOTE FOR CORAZON SANDOVAL FOLEY SPRINGFIELD SUPERVISOR INDEPENDENT GREEN PARTY FISCAL CONSERVATIVE FOUNDER FOLEY COMMUNITY CENTER PROJECT

WIDOW FOLEY RUNNING 2023: CHALLENGING THE MOST EXPENSIVE CAMPAIGN IN OUR SPRINGFIELD DISTRICT HOMETOWN, FAIRFAX COUNTY, VIRGINIA

CORAZON SANDOVAL FOLEY

11/9 Connection reported on progress of the Foley Community Center Project founded by Corazon Sandoval and Michael Daniel Foley – for which a petition has been launched to honor American Patriotism by naming “Vietnam Veteran and Son of the American Revolution Michael Daniel Foley Community Center” Disclosure: Widow Corazon Sandoval Foley is Burkite local historian honored by the Library of Virginia as 2017 Virginia Women in History and was Candidate for Springfield Supervisor 2023 - <https://fcaahp.wordpress.com/bwsscwow/>